



the Vermont Leadership Series

Information Packet for the Class of 2019

Find your voice! Learn how to advocate for change.

Deadline to submit your application is August 3, 2018.

★ You can download the Leadership Series Application at:

<http://ddc.vermont.gov/vtleadershipseries>

What is the Vermont Leadership Series?

The Vermont Leadership Series is an intensive, three-part training for people with intellectual or developmental disabilities (I/DD) and family members. Here are some important things to know about the series:

- Leadership reflects the core values of the Disability Rights Movement: Equal Rights, Self-Determination, and Full Community Inclusion.
- Leadership has been designed for Vermonters with diverse experiences of disability.
Examples include: Parents of any age who support a son or daughter with a developmental disability; adults living with I/DD who want to take their advocacy to a new level; sisters, brothers, and grandparents who are growing into their role supporting a family member with I/DD.
- We expect a high level of participation from everyone. We will find ways for everyone to contribute. We will learn together.
- Leadership teaches participants how to:
 - Develop skills to be an effective advocate and leader for systems change.
 - Include people of all abilities and support others in finding their voice.
 - Build relationships with policymakers.
- The Leadership Series is organized by the Vermont Family Network, Green Mountain Self-Advocates, and the Vermont Developmental Disabilities Council, with support from the Department of Health and UVM's Center on Disability and Community Inclusion.

When is the 2019 Leadership Series?

This is the sixth time Vermont will host a Leadership Series. Each weekend session begins on Saturday morning at 8:30 a.m. and ends Sunday afternoon by 2:00 p.m.

Participants must commit to attending all three weekends.

(October 6-7, 2018, November 10-11, 2018, and December 1-2, 2018.)

There will also be an afternoon graduation ceremony at the State House on Disability Awareness Day, February 27, 2019.

The three (3) weekend trainings will be held at a hotel and **participants will be expected to stay overnight on Saturday**, unless there are special circumstances. The cost of hotel accommodations and meals will be covered by the program budget.

Who should apply?

Leadership is for people with developmental disabilities and their family members. We are looking for people who:

- Feel comfortable speaking up and listen well to others.
- Are open to new ideas and “thinking outside of the box.”
- Are eager to make a difference in their community.
- You do *not* need to know how to read or write to participate. You do *not* need previous experience working with legislators or other policy makers to apply.

What is a developmental disability?

It’s a disability that begins before age 22 that affects three (3) or more activities of daily life such as self-care, communication, movement, learning, self-direction, independent living, or employment. This definition is broader than the one used by the State of Vermont to determine eligibility for services. You -- or your family member -- do *not* have to be a recipient of Vermont Developmental Services to participate in Leadership.

How are Leadership participants selected?

Leadership participants must be nominated by one of two organizations:

- As Vermont's statewide self-advocacy organization, Green Mountain Self-Advocates [GMSA] will nominate Leadership participants who have a developmental disability.
- As Vermont's statewide family support organization, Vermont Family Network [VFN] will nominate family members who support someone with a developmental disability. In some cases, an individual may be both a person with a disability and a family member of someone with a disability. Contact the organization you feel most comfortable talking with about your nomination.

Do not be afraid to contact GMSA or VFN to talk with them about Leadership and nomination, even if these organizations are new to you. They are looking for interested and motivated people. They want to help get you involved!

What if I am not selected as a nominee?

We anticipate that there will be more people interested in Leadership than we can accept in the Class of 2019. If you are not selected it does *not* mean that you are not a good candidate for Leadership. It just means that we selected others to create a diverse and balanced Leadership class. We strongly encourage you to apply again next time!

What does Leadership cost?

The real cost for each participant is about \$1,500 (which includes lodging, meals, speakers, and materials). **We are asking each participant to pay \$100**, but no one will be turned away. If you do not have money for this fee we can figure out an alternative arrangement.

Participants are also responsible for covering the cost of their transportation to and from the trainings. If you are bringing a staff person, we will cover meals and lodging for him or her. However, we cannot pay for your support staff person's wages.

Can I bring my children, partner, friend, or parent?

No. While we know that many of our participants have tremendous responsibilities, we ask that you arrange coverage at home for these duties. We expect participants to be able to give their full attention to the weekend training and to those who are training with you. In some cases, a family member may attend as the support provider for someone with a disability. These arrangements will be discussed on an individual basis.

I live too far away to get to the hotel by 8:30 a.m. Can I come the day before?

Maybe. Arrangements will be made on an individual basis to accommodate a participant's travel needs. Let the organization that is nominating you know about your specific situation and concern so that we can plan accordingly.

Sounds great! How can I apply for Leadership?

- First Step: You must let one of the nominating organizations know that you are interested in the being a nominee for the Leadership Class of 2019. You can expect to have a short conversation with a staff member who will review the program requirements and ask you a few questions about why you are interested in Leadership.

Please contact:

Green Mountain Self-Advocates

Max Barrows
#2 Prospect Street
Montpelier, VT 05602

Max@gmsavt.org

Vermont Family Network

c/o Joanne Wechsler
600 Blair Park Road, Ste 240
Williston, VT 05495

Joanne.Wechsler@vtfn.org

- Second Step: There is also an application form with questions that you will need to answer. It can be downloaded in a couple of formats at:

www.ddc.vermont.gov/vtleadershipseries

- **Third Step:** Post-mail the completed and signed application to the organization that you would like to have nominate you for Leadership.

You may also email them a digital copy of your application to make sure you meet the deadline, but the original physical copy will still be required by post-mail.

Thank you for your interest in Leadership!



Help is available to fill out the application.

If you would like help or need an accommodation, you should contact GMSA at [1 \(802\) 229-2600](tel:18022292600) or VFN at [1 \(800\) 800-4005, x217](tel:18008004005). We are open to applications in a wide range of formats, including audio or video answers to the questions.

Not sure who to send your application to? Questions? Concerns?

You may also contact VTDDC by phone: [1 \(802\) 828-1310](tel:18028281310) or email: vtddc@vermont.gov



The Vermont Leadership Series is made possible through the collaboration of the Vermont Family Network, Green Mountain Self-Advocates, and the Vermont Developmental Disabilities Council, with support from the Vermont Department of Health and the UVM Center on Disability and Community Inclusion.





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Participants can expect to:

- Learn more about yourself and how to focus your energies.
- Receive high quality training from experts in the field of disability rights and advocacy.
- Connect with other leaders fighting for self-determination, equal rights, and full inclusion in schools and communities.
- Discover ways to make positive change happen – in your life, in your family, and even in our State.
- Learn and practice leadership skills that get good results.
- Be challenged and fired up!

What we expect from you:

- Attend all three weekend sessions and stay overnight.
- Be a full and active participant in all learning experiences.
- Be open to new ideas and ways of thinking.
- Work together with others to complete activities.
- Create an Action Team project outside of the training.
- Complete evaluation forms.
- Make a small contribution to the cost of the Series.
- Work hard and have fun!

